

Christine Hiester

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How should your practice be identified? (Company name or your own name):

Christine Hiester– Shaping the River Spiritual Companionship

Summary:

She/her. Christine is a spiritual companion, retreat leader, supervisor, and artistic prayer facilitator in Central Ohio. With a background in the creative arts, she brings an understanding of the way the Divine is experienced uniquely through visual art, music, and poetry, and has a passion for leading individuals and groups in discovering this connection for themselves. Contemplative prayer practices also have a significant place in Christine's practice, alongside deep and non-judgmental listening, and her other interests include enneagram, embodiment practices such as focusing and walking the labyrinth, navigating stages of faith, faith crisis, church wounds and estrangement, and clergy care. Christine is open and affirming of all people and honors seekers' personal experience of the Holy, by whatever name. Christine trained through the Wellstreams Program for Spiritual Formation in Columbus, Ohio, and the Spiritual Guidance Training Institute with a focus on Interfaith and Interspiritual companionship, and also completed the Directed Retreat Practicum through Wellstreams, Columbus.

How will seekers meet with you?

In person, Virtually, Individually, Group

What is your fee?

Sliding scale, \$50-\$100 for spiritual companionship, \$70-\$100 for supervision

Website: www.shapingtheriver.com

